

Bavarian Soft Pretzel w/Salt Topping (10_2017)

N u t r i t i o n F a c t s	
Serving Size 1 pretzel (159g/5.6oz)	
Amount Per Serving	
Calories 460	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1270mg	53%
Total Carbohydrate 84g	28%
Dietary Fiber 6g	24%
Sugars 13g	
Protein 14g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 35%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Pretzel: Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Brown Sugar, Vegetable Shortening (Palm Oil), Yeast, Vinegar, Salt, Malt Powder (Wheat Flour, Dextrose, Malted Barley), Bicarbonates and Carbonates of Soda, Coarse Salt, **Basting Spray:** Canola Oil, Palm Oil, Coconut Oil, Lecithin from Soybeans, Dimethyl Silicone (for anti-foaming), Annatto (color), Natural Flavor (milk).

Contains: Wheat, Milk, Soy